


Middle SCHOOL LUNCH MENU ~ November-December 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| 5 French bread Pizza Corn & Salad Bar Peaches or pears Milk Choice | 6 Beef stew in a bread bowl Mixed vegetables or Pineapple & apricots Salad Bar Milk Choice | 7 Chicken Alfredo Pasta Asparagus & Salad bar Mandarin oranges & Plums WG Garlic Bread Milk Choice | 8-All American Picnic Build your own sack lunch Ham or Turkey sandwich Fruit Pouch & Applesauce Carrot sticks or fresh broccoli milk choice | 9-No School |
| 12 WG Chicken Nuggets Au gratin Potatoes & Salad bar Mandarin oranges & peaches goldfish cracker & milk choice | 13 Grilled Cheese Tomato Tortellini Soup & Salad Bar Strawberries & Banana crackers Milk choice | 14 Pulled BBQ Pork on WG sub bun green bean casserole & Salad Bar Applesauce & kiwi cup Milk Choice | 15 Mini Corn Dogs Salad Bar & beets Mandarin Oranges & Grapes Milk Choice | 16- "I'm Thankful Lunch" Roast Turkey with gravy Mashed potatoes & Salad bar cranberries & fall fruit salad Dinner roll Pumpkin cake Milk choice |
| 19 Hamburger on WG bun w/ cheese slice Pears & Mixed Fruit corn & Salad Bar Milk Choice | 20 Macaroni & Cheese bowl grapes & peaches Salad Bar & peas breadstick Milk Choice Thanksgiving day treat Have a great break! | 21- No School | 22-No School | 23-No School |
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| 26 Taco Pizza Salad Bar & Refried Beans pears & Mangos Milk Choice | 27- Try Something New Day Build your own Chef salad WG Cheese filled breadstick plums & cranberries Milk Choice | 28-National French toast day WG French toast strawberries & baked apples Salad Bar & hashbrown Milk Choice Birthday Party Treat! | 29 Salisbury Steak peaches & applesauce Salad Bar & mashed potatoes and gravy WG dinner roll Milk Choice | 30 Chunky chicken noodle soup salad bar or carrot sticks WG breadstick mandarin oranges & Mixed fruit Milk Choice |
| 3 Cheese Pizza Salad bar & yellow beans Apples & peaches milk choice | 4 Fiesta Chicken Fajitas Aztec Grain Salad black beans Salad bar grapes or pear milk choice | 5-Early Release Turkey Salad sub salad bar or potato wedges clementine & frozen fruit cup Milk choice | 6 Bosco Cheese Sticks Green Beans & salad bar Mixed fruit & banana milk choice | 7 Chicken Patty Sandwich French fries & Salad bar cranberries & mixed fruit milk choice |

Milk Choices Includes: 1%White, Skim White, Skim Chocolate. Menu Subject to Change Due to Food Availability. Daily Additional offerings: PB&J sandwich, String cheese, fruit cup, or juice box
 This institution is an equal opportunity provider
 MS& HS Salad Bar Offered Daily