


Middle SCHOOL LUNCH MENU ~ January-February 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
7	French bread pizza Salad bar Yellow beans Apples & peaches Milk Choice	8	Fiesta Beef Fajitas Salad Bar Black beans shelled Edamame grapes & pears	9	Hot dog on a bun Salad bar Potato Wedges Apricots & pears Milk Choice National Apricot day!	10	Orange chicken bowl Salad Bar & carrots Mixed fruit & Banana Milk Choice Bittersweet cookie National Bittersweet chocolate day!	11	Chicken Patty Sandwich French Fries & Salad bar Cranberries & Mixed Fruit Milk Choice National Milk Day!
14	WG Chicken Nuggets Au gratin Potatoes Salad bar Mandarin oranges & peaches goldfish cracker & milk choice	15	Grilled Cheese Tomato Tortellini Soup & Salad bar Strawberries & Banana crackers Milk choice	16	Pulled BBQ Pork on bun Salad bar Baked Beans Applesauce & kiwi cup Milk Choice	17	Mini Corn Dogs Salad bar &beets Mandarin Oranges & Grapes milk choice	18	Baked chicken Mashed potatoes & Salad bar cranberries & mixed fruit Dinner roll Milk Choice
21 - no school		22	Macaroni & Cheese bowl grapes & peaches Salad Bar & peas breadstick Milk Choice	23	Quesadilla Salad bar & black beans mandarin oranges & apricots Birthday Party Treat! Milk Choice	24	Cardinal Spaghetti-o's with meatballs goldfish crackers Salad bar & Mixed veggies banana & grapes milk choice	25	Hot ham and cheese chips Salad bar or mixed veggie applesauce cup or kiwi Cookie choice of milk
28	Taco Pizza Refried beans & salad bar pears & mangos milk choice	29	spaghetti w/ meat sauce WG cheese filled breadstick plums & applesauce corn & salad bar milk choice	30	chicken & waffles strawberries & baked apples Okra & waffle fries salad bar milk choice	31	Salisbury steak peaches & oranges Mashed potato & gravy & salad bar WG dinner roll milk choice	1	Chunky Chicken noodle soup salad bar or mixed veggie WG sliced bread Mixed fruit & Pineapple Milk Choice
4	Cheese Pizza green beans & Salad bar Mixed fruit & applesauce Milk Choice	5	Beef stew in a bread bowl Salad bar & Brussel sprouts pineapple & apricots Milk choice	6-early release	Build your own sack lunch Ham or Turkey sandwich fruit pouch & applesauce carrot sticks & pickles Milk choice	7	Bosco Cheese Sticks corn & Salad bar peaches & strawberries milk choice	8	Chicken Tenders French fries & Salad bar berries & pears Cookie Milk Choice

Milk Choices Includes: 1%White, Skim White, Skim Chocolate. Menu Subject to Change Due to Food Availability. Daily Additional offerings: PB&J sandwich, String cheese, fruit cup, or juice box
This institution is an equal opportunity provider