

MIDDLE SCHOOL REGULAR LUNCH MENU
 USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MONDAY

Week of Sept 1st

Week of Sept 4th

LABOR DAY
 NO SCHOOL

Week of Sept 11th

Burgers on a bun
 Tater Tots
 Corn
 Choice of fruit
 Milk Choice

Week of Sept 18th

Chicken Strips
 Mashed Potatoes w/gravy
 Peas
 Choice of fruit
 Milk Choice
 Cookie

Week of Sept 25th

Spaghetti & Meatballs
 Garlic Bread
 Side Salad
 Choice of fruit
 Milk Choice

TUESDAY

Boneless Wings
 Dinner roll w/butter
 Cheez-It Crackers
 Corn
 Choice of fruit
 Milk Choice
 Strawberry Ice Cream

Ham or Turkey Subs
 Harvest Cheddar Chips
 Veggies and dip
 Choice of fruit
 Milk Choice

French Bread Pizza
 Mixed Green Salad
 Choice of fruit
 Milk Choice

Nacho Supreme
 Veggies and dip
 Choice of fruit
 Milk Choice

WEDNESDAY

Bosco Sticks w/sauce
 Side Salad
 Baby carrots w/dip
 Choice of fruit
 Milk Choice

Macaroni & Cheese
 Slice of bread w/butter
 Green Beans
 Choice of fruit
 Milk Choice
 Strawberry Delight Cookie

Stomboli
 Corn
 Choice of fruit
 Milk Choice
 Dragon Juice

Orange Chicken w/rice
 Egg Roll
 French cut green beans
 Choice of fruit
 Milk Choice
 Fortune Cookie

THURSDAY

Chicken Patty
 French Fries
 Peas
 Choice of fruit
 Milk Choice

Italian Chicken on a bun
 Peas
 Choice of fruit
 Milk Choice
 SALAD BAR DAY!

Corn dogs
 Steamed Broccoli
 Choice of fruit
 Milk Choice
 SALAD BAR DAY!

Bosco Sticks
 Peas
 Choice of fruit
 Milk Choice
 SALAD BAR DAY!

FRIDAY

Walking Taco
 Fresh Veggies w/dip
 Watermelon & Pears
 Milk Choice
 Cookie

Big Daddy Pizza
 Pasta Salad
 Choice of fruit
 Milk Choice

Cheese or Chicken
 Quesadilla
 Lettuce Salad
 Choice of fruit
 Milk Choice

Pizza
 Pasta Salad
 Choice of fruit
 Milk Choice
 Ice Cream

Sausage Pizza
 Salads
 Choice of fruit
 Milk Choice
 Johnny Pop

SOME RECIPES MAY INCLUDE GROUND TURKEY
 SKIM WHITE AND CHOCOLATE MILK IS PROVIDED DAILY
 ALL SANDWICHES ARE SERVED ON A 2 OZ. MULTIGRAIN HAMB. BUN OR 2 OZ. HOT DOG BUN. COLD
 SANDWICHES ARE SERVED ON 2 SLICES OF WHOLE WHEAT BREAD